



You know you're getting a good massage when right from the get go you do not want it to end and when you do know it is ending you are praying it goes on a little bit longer. At the recently reopened **Les Bains du Marais** the Massage Dynamisant is heaven-sent for anyone looking to forget the world and relax. The massage starts at your feet with the masseuse working on your pressure points, releasing all unwanted stress, and although the end of a good massage is never welcomed, this massage ends with a head massage like no other, making it even more difficult to accept that the treatment is nearing the end. The therapist ever so slightly lifts your head, delicately moving it up and down, side to side, swaying it oh so gently, taking you to cloud nine where you feel like you are floating in the air. This is a great treatment to end a hectic day on a relaxing note before enjoying a glass of French wine before bedtime.

*Les Bains du Marais*

33 rue des Blancs Manteaux (4th), 01 49 29 50 50

Forget the world for two hours while you enjoy a traditional Thai massage at the hands of WAT PO-trained therapists at **Ban Thai Spa**. Conveniently located between Place du Trocadéro and Avenue des Champs-Élysées, the spa is an ideal treat after a day of intense shopping and sightseeing. Taking you on a relaxing voyage through relaxing music and sensual scents, the spa is both welcoming and relaxing from the moment you enter it. Single and double massage rooms allow guests to enjoy a massage solo or with a partner or friend, and with the spa open daily from 11am to 9pm you can easily unwind at any time of the day. Choose a foot massage to relieve you from aching feet from walking around all day or opt for the traditional Thai massage, which focuses on releasing tension by combining acupressure and yoga positions, not for the faint-hearted, this massage can get quite physical with the therapists twisting you like a pretzel though the end result is a heavenly relaxed body.

*Ban Thai Spa*

25 ave Raymond Poincaré (16th), 01 43 59 39 39

Give your face the TLC it serves and book yourself in for the Anti-Wrinkle Summit of the Cervin facial at the **Valmont Spa** at Le Meurice. This new treatment has been created to give you a lifting result that plumps out your face while reducing the signs of wrinkles, leaving you with younger looking skin that really glows. The treatment starts with the beauty therapist removing all traces of make-up with Valmont's hero cleansers, White Falls and Vital Falls, before your skin is gently exfoliated and is treated to a Regenerating

Mask Treatment, a collagen mask that plumps the face, giving you a non-surgical facelift, the perfect accessory for Paris Fashion Week. The facial is available for 60 minutes and an intensive option for 90 minutes, and from the 10th of July through to the 31st of August, lucky Where readers can book themselves in for the 90-minute treatment and pay only for the 60-minute version, all you have to do is mention Where Magazine when booking or simply take in your copy with you.

*Valmont Spa*

*Le Meurice*

228 rue de Rivoli (1st), 01 44 58 10 77

Another hotel spa offering a relaxation getaway is the **Hôtel Le Royal Monceau** courtesy of its **My Blend by Clarins spa**. The treatments here are all bespoke, with the therapists diagnosing your skin to blend the suitable creams to replenish your skin with what it needs, leaving it looking luminous, plumped and fresh as a daisy. The spa also offers access to its pool with every treatment, one of the most luxurious settings, created by designer extraordinaire Philippe Starck, adding an extra highlight to your spa day in Paris.

*My Blend by Clarins*

*Hôtel Le Royal Monceau*

37 ave Hoche (8th), 01 42 99 88 99

