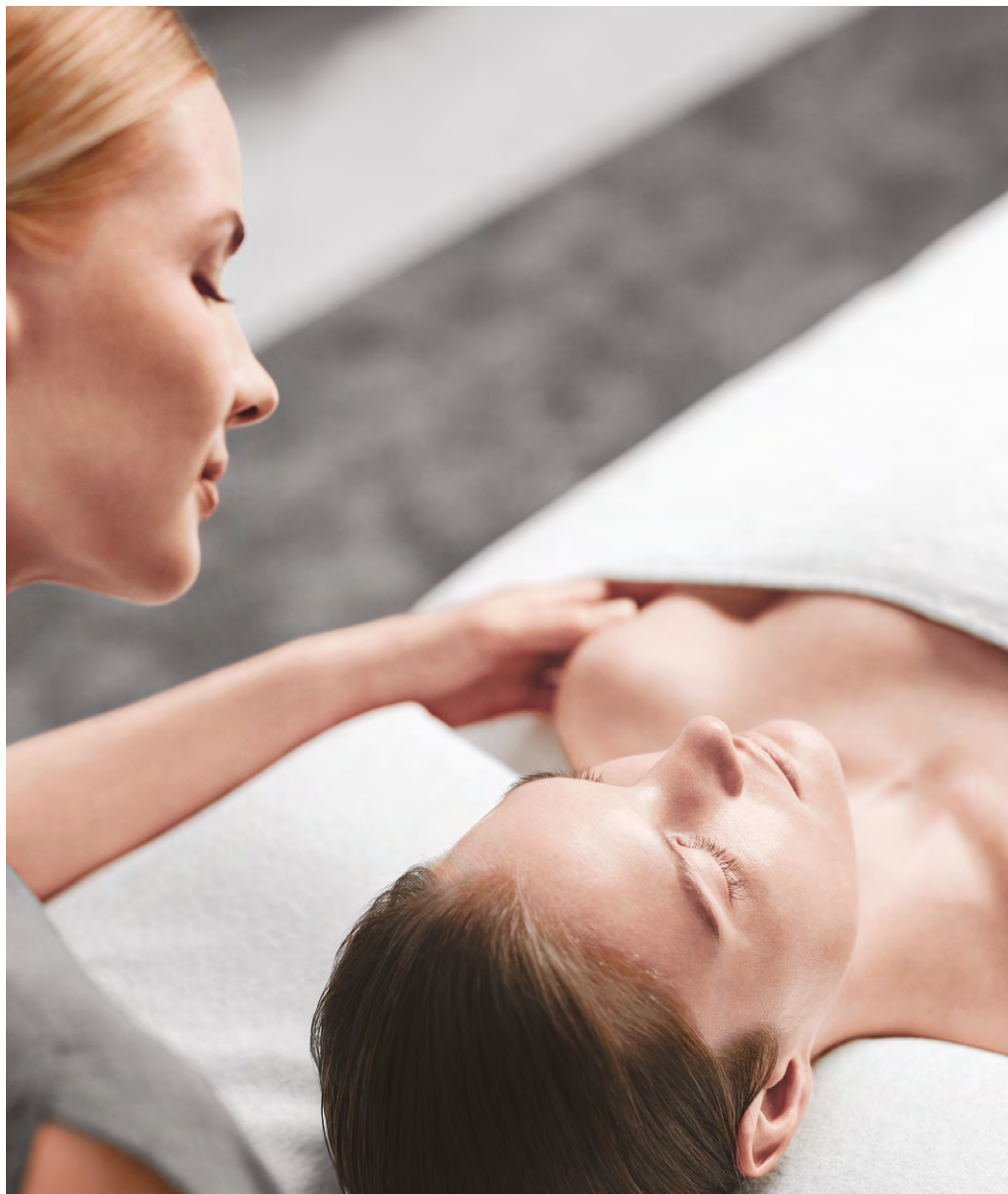


*Spa*  
**LA PRAIRIE**  
SWITZERLAND



*La Réserve de Beaulieu*  
CÔTE D'AZUR - 1880



LA PRAIRIE  
SWITZERLAND

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SWITZERLAND

ART OF BEAUTY

## FACIAL TREATMENTS

### CAVIAR INDULGENCE

LIFT & FIRM

P. — 07

### CAVIAR ILLUMINATION

ILLUMINATE & FIRM

P. — 09

### GOLD RADIANCE

REVITALIZE & NOURISH

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### PLATINUM RARE HAUTE-REJUVENATION

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## BODY MASSAGE

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### FULL BODY EXFOLIATION

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### INTENSIVE REJUVENATING BODY PROGRAM

P. — 21

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## CAVIAR INDULGENCE

TIME — 90'

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LIFT & FIRM

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### THE EXPERIENCE

Swiss caviar sits at the heart of La Prairie's Caviar Science, infusing the Skin Caviar skincare creations with unparalleled lifting and firming potency. This 90-minute skincare ceremony profoundly improves the appearance of elasticity and tone. Skin appears firmed and lifted.

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## CAVIAR ILLUMINATION

TIME — 90'

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### ILLUMINATE & FIRM

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#### THE EXPERIENCE

La Prairie's Science of Light seeks to understand the various factors that impede skin's luminosity. Enriched with Swiss Golden Caviar Extract and potent illuminating molecules, the creations of the White Caviar Collection infuse this 90-minute skincare ceremony, helping to reduce the visibility of chromatic disturbances that can dull skin. Skin's texture is firmed, allowing it to better reflect light.

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## GOLD RADIANCE

TIME — 90'

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### REVITALIZE & NOURISH

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#### THE EXPERIENCE

La Prairie captures the glow of the golden hour with the Pure Gold Diffusion System, infused in every Pure Gold Collection creation. During this 90-minute skincare ceremony, an advanced complex combined with a golden peptide helps fill lines and plump the skin for an immediate replenished look.

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# PLATINUM RARE HAUTE-REJUVENATION

TIME — 1 2 0 '

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## ULTIMATE REJUVENATION

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### THE EXPERIENCE

Infused with platinum, the skincare creations of the Platinum Rare Collection are the epitome of haute-rejuvenation. This 120-minute ceremony transforms skin, refining its texture, smoothing wrinkles and evening skin tone. The natural glow of youth is enhanced, firmness and elasticity are increased, volume is restored, and moisture levels are augmented – reversing all visible signs of ageing.





## PRECIOUS EYE

TIME — 60 '

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## LIFT & NOURISH

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### THE EXPERIENCE

This tailor-made skincare ritual is dedicated to the delicate eye contour area. A unique selection of rich, silky, and velvety formulas infuses the skin with rare and precious active ingredients, highly concentrated. The eye contour is smoothed, lifted, and deeply nourished.

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## FULL BODY REJUVENATION

TIME — 60 '  
TIME — 90 '

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## REGENERATE & TONE

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### THE EXPERIENCE

The La Prairie Rejuvenating Full Body Massage (60 or 90 minutes) combines the slow, long strokes of Esalen techniques, the gentle flow-enhancing benefits of lymphatic drainage, the transportive qualities of aromatherapy and relaxing deep tissue massage techniques. Warm compresses are applied to the feet and back to begin the muscle relaxation. The massage experience includes particular attention to the legs, back, arms, abdomen and décolleté areas to rejuvenate the body and the mind.

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## FULL BODY EXFOLIATION

TIME — 45 '

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## REVITALIZE & REFINE

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### THE EXPERIENCE

The Refining Body Exfoliation (45 minutes) refines and polishes skin using La Prairie's sea salt exfoliator and body massage oil, exclusive to our treatment rooms. The skin of legs, back, arms, abdomen and décolleté is refined, its texture fully rejuvenated. This treatment is the perfect complement to a full body massage for the ultimate body rejuvenating experience.

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## INTENSIVE REJUVENATING BODY PROGRAM

TIME — 3X 90 ' + 2 X 60 '

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REVITALIZE & REJUVENATE

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### THE EXPERIENCE

La Prairie offers a complete body rejuvenating program. Five weekly 90 and 60-minute Full Body Massages offer an exclusive combination of Esalen, lymphatic, aromatherapy and deep tissue techniques to enhance overall wellbeing, encourage relaxation, increase blood circulation, reduce stress, relieve muscle tension and rejuvenate the skin. The complete program for a rejuvenated body, skin and mind.



# THE ULTIMATE LUXURY FACE AND BODY CARE

TIME — 120 ' PER TREATMENT

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## EXPERIENCES

The **PLATINUM RARE EXPERIENCE** is two hours of total rejuvenation. The restoring and rejuvenating benefits of the 60-minute Platinum Rare Haute-Rejuvenation Facial Treatment is combined with the deep relaxation of the 60-minute Rejuvenating Body Treatment.

The **SKIN CAVIAR EXPERIENCE** offers two full hours of indulgence. The lifting and firming benefits of the 60-minute Caviar Indulgence Facial Treatment is combined with the deep relaxation of the 60-minute Rejuvenating Body Treatment.

The **WHITE CAVIAR EXPERIENCE** is two illuminating hours for yourself. The illuminating and firming benefits of the 60-minute Caviar Illumination Facial Treatment is combined with the deep relaxation of the 60-minute Rejuvenating Body Treatment.

The **PURE GOLD EXPERIENCE** is a two-hour radiance-enhancing session that combines the revitalising and replenishing benefits of the 60-minute Gold Radiance Facial Treatment with the deep relaxation of the 60-minute Rejuvenating Body Treatment.





# TERMS AND CONDITIONS

## RESERVATIONS AND CANCELLATIONS

To make a reservation at Spa La Reserve de Beaulieu by La Prairie, you may contact La Reserve de Beaulieu via email or telephone:

For all information and reservations, dial 6904 from your bedroom.

For external calls, please dial +33 (0)4 93 04 36 50.

For any email inquiries, please contact us at [spa@reservebeaulieu.com](mailto:spa@reservebeaulieu.com).

In case of inability to attend or appointment changes, we kindly ask you to inform the Spa La Reserve de Beaulieu by La Prairie at least 24 hours in advance to avoid full billing for your treatment.

If you are running late, we will do our best to accommodate you for the same treatment, provided our schedule allows. However, if this is not feasible, the duration of your treatment will be shortened accordingly.

## TAKE YOUR TIME

For optimal relaxation and satisfaction, please arrive 15 minutes prior to your appointment for treatments not beginning at 10 A.M.

During your treatment, you may store your personal belongings in a locker.

We provide robes, towels, and slippers for your convenience.

## PRE-TREATMENT REQUIREMENTS

All our facial and body treatments are unisex. For men seeking facial treatments, it is recommended to have a close shave for an optimal experience.

Before proceeding with the treatment, please fill out and sign a client consultation form where we gather important information to assess suitability. Based on this information,

The Spa La Reserve de Beaulieu by La Prairie reserves the right to cancel, modify, or reschedule the treatment

## LUXURIOUS AND RESPECTFUL ATMOSPHERE

Explore our facilities, featuring five treatment cabins, a private Jacuzzi for ultimate relaxation, and an exclusive fitness area to maintain your physical well-being.

To preserve harmony in the Spa, we kindly ask you to turn off your mobile phone.

Please note that swimwear is mandatory in the wet area.

Kindly be advised that smoking or consuming alcoholic beverages is prohibited within the Spa premises.

# TERMS AND CONDITIONS

## TAKE THE SPA AT HOME

Most of La Prairie's facial products are available for purchase. We invite you to consult with a member of our team who can provide you with personalized recommendations.

Treat a loved one to a sensory journey in an exceptional setting.

All our personalized vouchers are valid for one year and allow your guests to choose a preferred appointment date to be reserved through our reception.

## PHYSICAL CONDITIONS AND PREGNANT WOMEN

We kindly ask you to inform us of any physical condition that may disrupt the smooth progress of your treatment or the use of wellness facilities when booking.

For example, if you have high blood pressure, cardiovascular problems, or allergies.

Please also sign the information sheet regarding the use of our facilities.

If in doubt, please consult your doctor before making an appointment.

The Spa is a non-medicalized environment, and all programs administered are solely aimed at your well-being (and or who) do not involve health sciences.

They are intended to enhance your well-being for aesthetic purposes and are not therapeutic. The term 'massage' may also be used to refer to bodywork performed based on various techniques.

## VALUABLES

It is advisable not to bring valuables.

The management declines ddany responsibility for the loss of items and jewelry.

We recommend checking that you have not left anything in the pockets of the robes, trays, or lockers before leaving the Spa.

## OPENING HOURS & CONDITIONS

The Spa La Reserve de Beaulieu by La Prairie is open daily:

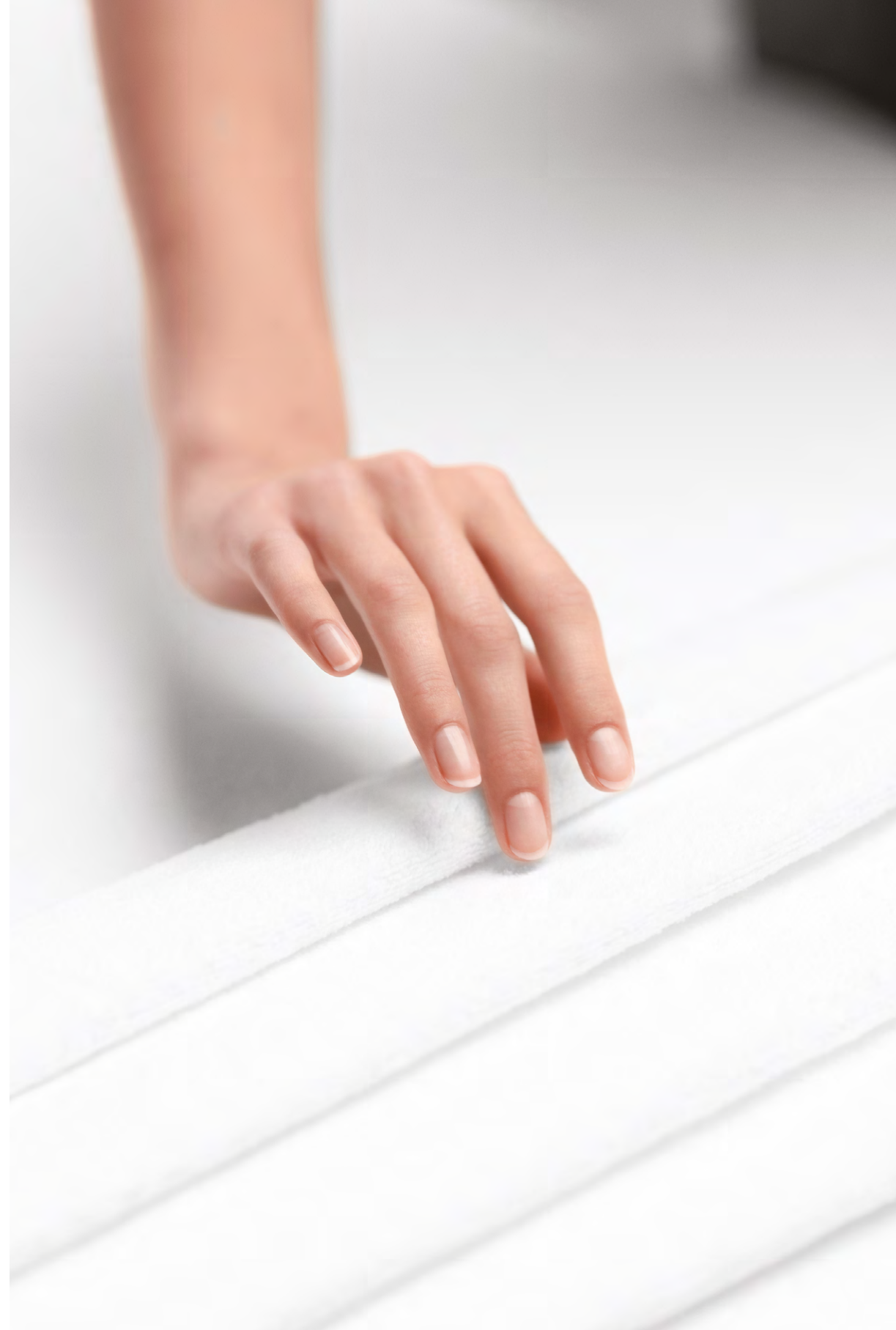
From March to October, from 10:00 AM to 7:00 PM.

From May 15th to August, from 10:00 AM to 8:00 PM.

A surcharge of 25% will apply for treatments performed in-room.

A surcharge of 50% will be applied for any treatment performed on boats or in private villas.

A surcharge of 20% will be applied for any treatment conducted before or after Spa opening hours.





*Spa*  
**LA PRAIRIE**  
SWITZERLAND

## La Réserve de Beaulieu

5, Boulevard du Maréchal Leclerc | 06310 Beaulieu-sur-Mer. France  
E-mail : [spa@reservebeaulieu.com](mailto:spa@reservebeaulieu.com) | Website : [www.reservebeaulieu.fr](http://www.reservebeaulieu.fr)

Phone : +33 (0)4 93 04 36 50



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